

The Greene County Human Service Mental Health Department would like to share valuable resources to assist us all through everyday life and times of uncertainty. In addition to resources already in place, the Pennsylvania Department of Human Services (DHS) developed a new Statewide Support and Referral Helpline to help Pennsylvania residents cope with changes in life due to the COVID-19 virus.

The Helpline is staffed by compassionate staff around the clock who are skilled in assisting individuals struggling with emotions such as anxiety, depression, fear, panic, and uncertainty. When calling the "warm-line," PA residents will have the opportunity to speak with culturally competent professionals who are skilled in trauma informed care, mental illness, intellectual disabilities, co-occurring disorders. The professional is trained to compassionately listen, assess each caller's needs on an individual basis, triage calls, and link to local resources that can provide care if needed.

The toll-free, round-the-clock support line is officially operational. The number to call is 1-855-284-2494. For TTY, dial 724-631-5600.

Additional resources already in place to help people during difficult times are:

- Greene County Local Crisis Line 1-800-417-9460
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Nacional de Prevención del Suicidio: 1-888-628-9454
- Crisis Text Line: Text "PA" to 741-741
- Veteran Crisis Line: 1-800-273-TALK (8255)
- Disaster Distress Helpline: 1-800-985-5990
- Get Help Now Hotline (for substance use disorders): 1-800-662-4357
- Pennsylvania Sexual Assault Helpline 1-888-772-7227
- National Domestic Violence Helpline 1-800-799-7233

For any additional nonemergency information about resources for Mental Health treatment available in Greene County PA, please call Greene County Human Service Mental Health Department at 724-852-5276.