

# 2010 Dock to Dock 5K Run/Walk, 10K Run

Benefits Greene County Summer

## Day Camp

### DATE/TIME

Saturday,  
May 8, 2010  
both run and walk begin  
promptly at 9:00 a.m.

### ENTRY FEE

\$18 if Pre-Registered by April 26th or  
\$20 on Race Day.  
Race Shirt Limited Sizes and  
Quantities on Race Day.

### AWARDS

Top "3" Male/Female runners & walkers  
overall as well as the top "3" Male/Female  
runners & walkers in the categories  
listed below.

### LOCATION

Rices Landing Fire Hall is located  
in Rices Landing PA, just off of  
Rt. 88 along the Monongahela River  
in Greene Co. 1.2 Miles East of I 79  
Mapquest 15357 for more

### COURSE - Point to Point

Crushed limestone on the BEAUTIFUL  
GREENE RIVER TRAIL.

5 & 10K Runners: 14 & Under, 15-19, 20-24

25-29, 30-34, 35-39, 40-44, 45-49,

50-54, 55-59, 60-69, 70+

5K Walkers: 19 & Under, 20-29, 30-39,

40-49, 50-59, 60-69, 70+

### TIMING

Herb and Bonnie Cratty -MILES OF SMILES  
TIMING SERVICE Applications and results  
posted on

(Spotters on course, please make sure  
you are walking)

[www.smileymiles.com](http://www.smileymiles.com)

### POST RACE

7:15AM - 8:15 AM on Race Day  
Busses Leave Fire Hall Promptly  
at 8:30 am for the start line on  
the trail at Greene Cove Marina Dock

### SAFETY

Please no strollers, dogs, roller blades,  
bicycles, etc. on the trail.

### REGISTRATION/PACKET PICK UP

# 2010 Dock to Lock 5K Run/Walk 10K Run



Benefits Greene County  
Summer Day Camp,  
Greene County  
Department of Recreation  
Saturday, May 8, 2010

### Sponsors:

Greene County Commissioners  
First Federal S & L of Greene County  
Waynesburg University  
Baily Insurance  
WANB 103.1 FM  
First Student

For more information:  
contact Greene County  
Department of Recreation at  
724-852-5323

Greene County Department of Recreation  
107 Fairgrounds Road  
Waynesburg, PA 15370

Entries are to be mailed to Greene County Department of Recreation, Trail Run, 107 Fairgrounds Road, Waynesburg, PA 15370. 724-852-5323.  
Please make checks payable to : Greene County Department of Recreation

Name: \_\_\_\_\_ M \_\_\_\_\_ or F \_\_\_\_\_ Age as of 5/8/10 \_\_\_\_\_  
Address: \_\_\_\_\_ Phone \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
(circle one) 5K RUN 5K WALK 10K RUN Shirt Size (circle one) S M L XL XXL  
Email Address: \_\_\_\_\_  
Waiver "In consideration of this entry being accepted, I the undersigned, intending to be legally bound, for myself, my heirs, Executors and administrators waive and release any and all rights and claims for damages I may have against the County of Greene, its agents, sponsors, the State of Pennsylvania for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have been successfully trained for the completion of a race of this distance and difficulty

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Waiver must be signed in order to participate. Parent or guardian must sign if the applicant is under the age of 18. All registration fees are non-refundable.