

2011 Dock To Lock 5K Run/Walk

Entries are to be mailed to Greene County Department of Recreation, Trail Run, 107 Fairgrounds Road, Waynesburg, PA 15370. 724-852-5323.

Please make checks payable to : Greene County Department of Recreation

Name: _____ M _____ or F _____ Age as of 5/7/11 _____

Address: _____ Phone _____

City: _____ State: _____ Zip: _____

(circle one) 5K RUN 5K WALK 10K RUN Shirt Size (circle one) S M L XL XXL

Email Address: _____

Waiver "In consideration of this entry being accepted, I the undersigned, intending to be legally bound, for myself, my heirs, Executors and administrators waive and release any and all rights and claims for damages I may have against the County of Greene, its agents, sponsors, the State of Pennsylvania for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have been successfully trained for the completion of a race of this distance and difficulty

Signature: _____ Date: _____

Waiver must be signed in order to participate. Parent or guardian must sign if the applicant is under the age of 18. All registration fees are non refundable.

Greene County Department of Recreation
107 Fairgrounds Road
Waynesburg, PA 15370

2011 Dock to Lock

5K Run/Walk

10K Run



Benefits Greene County

Summer Day Camp,

Greene County

Department of Recreation.

Saturday, May 7, 2011

Sponsors:

Greene County Commissioners and

Greene County Department of Recreation

For more information:

contact Greene County

Department of Recreation at

724-852-5323

2011 Dock to Dock 5K Run/Walk, 10K Run

Benefits Greene County Summer

Day Camp

DATE/TIME

Saturday,
May 7, 2011
both run and walk begin
promptly at 9:00 a.m.

LOCATION

Rices Landing Fire Hall is located
in Rices Landing PA, just off of
Rt. 88 along the Monongahela River
in Greene Co. 12 Miles East of I 79
Mapquest 15357 for more
specific directions

REGISTRATION/PACKET PICK UP

7:15AM - 8:15 AM on Race Day
Busses Leave Fire Hall Promptly
at 8:30 am for the start line on
the trail at Greene Cove Marina Dock

ENTRY FEE

\$18 if Pre-Registered by April 15th or
\$20 on Race Day.
Race Shirt. Limited Sizes and
Quantities on Race Day.

COURSE - Point to Point

Crushed limestone on the BEAUTIFUL
GREENE RIVER TRAIL.

TIMING

Herb and Bonnie Cratty - MILES OF SMILES
TIMING SERVICE Applications and results
posted on
www.smiley miles.com

www.smiley miles.com

SAFETY

Please no strollers, dogs, roller blades,
bicycles, etc. on the trail

AWARDS

Top "3" Male/Female runners & walkers
overall as well as the top "3" Male/Female
runners & walkers in the categories
listed below.

5 & 10K Runners: 14 & Under, 15-19, 20-24
25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-69, 70+

5K Walkers: 19 & Under, 20-29, 30-39,
40-49, 50-59, 60-69, 70+

(Spotters on course, please make sure
you are walking)

POST RACE

Awards, random drawing and refreshments
at the Rices Landing Fire Hall immediately
following the race.