

organizers and/or it's assigns for media releases, advertisements or such purposed as they deem appropriate.

We reserve the right to cancel program for lack of participation or any other reason

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GREENE COUNTY DEPARTMENT OF RECREATION **107 FAIRGROUNDS ROAD** JAKE BLAKER, DIRECTOR WAYNESBURG, PA 15370 724-852-5323

Thanki Thursda

# 2019 FALL WINTER MONTHLY ESSENTIAL OIL CLASSES

**Beginning Thursday** August 15th Then the 1st Thursday of each month through December



## **ESSENTIALLY YOURS PRESENTS: THANKFUL THURSDAYS!**

We are so thankful for our essential oil friends. Those who love using and learning more about the benefits of these gifts of the Earth. As our way of expressing gratitude, we are offering monthly classes. During these classes you will have the opportunity to learn more about the use and benefits of essential oils as well as making your own essential oil based items.





### August 15th Kick off!

Join us as we kick off our Thankful Thursday's Classes! We will be doing a basic introduction of essential oil's as well as discussing the new class line up! Also included will be a time of sharing testimonies from each other as well as doing a make and take! There also be several chances to earn prizes for those who are in attendance!

Free ITOVi scans and new rewards program !

Make and Take On the go aroma inhalers!

# Host Kelly Mackey

**October 3rd: Essential Oil Spotlight Class #2** 

Turmeric essential oil has amazing\_properties that help support your body's immune and nervous systems among other benefits! It's also great for various skin issues. Join us as we dedicate this class to learning more about Tumeric. We will be doing a Honey/Tumeric facial and a make and take

and take

Make and Take:

**Tumeric based muscle rub** 

### September 5th: Essential Oil Spotlight Class #I

### Copaiba

Copaiba is a powerhouse when it comes to benefits to the body systems. Come learn about this powerful essential oil and enjoy a copaiba based recipe!

Free Copaiba Balls! (This snack will be served that evening. Ingredients and recipe will be provided!) Thankful Thursdays are a fun affordable way to learn about the benefits of essential oils. These classes are well attended and may fill up. Please pre registered by contacting the Greene County Department of Recreation Office

### **FEE \$5 PER CLASS**

### November 7th: Essential Oil Spotlight Class #3

#### Frankincense

Frankincense is a hot topic right now and there is many reasons why. This powerful essential oil has been used for centuries to help to support the body on the cellular level. Come learn all about Frankincense and why it needs to be part of your daily routine!

Make and Take:

Frankincense sleep inducing facial cream/body rub

### **December 5th:**

### **Christmas Make and Take Workshop!**

Join us and for a fun evening of making unique gifts for everyone on your Christmas list. . There will be several different essential oil based gifts. Cost to attend is \$5 and includes on free gift to keep or give.

