

DIRECTORY OF CHILDREN AND ADOLESCENT MENTAL HEALTH SERVICES FOR GREENE COUNTY

(UPDATED 7/1/2013)

The Child & Adolescent Service System Program (CASSP) is a comprehensive system of care for children and adolescents with severe emotional disturbance. This system of care ensures that services for children and adolescents with or at risk of having severe emotional disturbance are planned collaboratively with the family and all the agencies involved in the life of the child or adolescent.

SERVICES AVAILABLE
<p>Outpatient Therapy (OT) <i>Outpatient therapy is a level of care with the least amount of restriction. Traditional outpatient therapy is individual sessions with a therapist at their office. There are some occasions when a client may bring a family member to the session; however the focus remains on the identified client.</i></p>
<p>C.H.I.L.L. (Counsel Help Intervention Listen & Link) <i>School based outpatient therapy available in all 5 school districts.</i></p>
<p>Social Skills Group <i>2 Types of Social Skills Groups are available for children between the ages of 3-18. One group is for children diagnosed on the Autistic Spectrum while the other is for children that have a non-spectrum mental health diagnoses. The goals of the social skills groups are to increase positive interactions with peers, promote sharing and turn taking, develop appropriate social and communication skills, increase compliance, and promote independence.</i></p>
<p>Child Development Diagnostic Center <i>Offers a comprehensive diagnostic evaluation for young children to determine if a developmental or behavioral diagnosis is warranted. The Center is the only program in the region modeled after the world-renowned Cleveland Clinic "Baby Day" diagnostic design.</i></p>
<p>Parent-Child Interaction Therapy <i>Caregivers learn to use effective commands and specific behavior management techniques as they play with their child.</i></p>
<p>Telepsychiatry <i>Available in all five school districts. This program is designed to provide psychiatric medication management services from a remote clinical location to a child / adolescent in the educational setting. It is used to enhance the patient's access to outpatient mental health services and to help reduce the number of school days missed due to medication management appointments.</i></p>
<p>Inpatient Hospitalization <i>Mental health treatment provided in a hospital setting 24 hours a day. Inpatient hospitalization provides: (1) short-term treatment in cases where a child is in crisis and possibly a danger to his/herself or others, and (2) diagnosis and treatment when the patient cannot be evaluated or treated appropriately in an outpatient setting.</i></p>
<p>Blended Case Management (BCM) <i>Provides assessment, referral, linkage, and monitoring of mental health consumer's community need.</i></p>
<p>Behavioral Health Rehabilitation Services (BHRS) <i>Provides mental health intervention for children and adolescents with a mental health diagnosis. The program is needs driven, family centered, and strength based and the goal is to maintain the child or adolescent in their home environment. Services are provided by a Therapeutic Staff Support (TSS), Mobile Therapist (MT) and or Behavior Specialist Consultant (BSC).</i></p>

Family Based Mental Health Services (FBMHS)

Provides intense therapeutic intervention and support services to the child or adolescent and their family. It is a team oriented, comprehensive program for children and adolescents with emotional disturbances with the goal of preventing hospitalization, out of home placement, or reuniting families.

Strengths Based Treatment (SBT)

Home based services which are provided by a master's level strengths based therapist which include clinical case management and can focus on needs at home, school and in the community. Treatment focuses on child's natural strengths.

Treatment Foster Care (TFC)

Available through Children & Youth Services. Highly trained treatment foster parents provide care to troubled children in their homes.

Community Residential Rehabilitation (CRR)

This level of care is for those who cannot be safely maintained in the community with natural resources but do not require the structure of an RTF program. The child resides with a therapeutic foster family.

Group Home

Group Home is an intensive out of home treatment service. The individual resides within a group home trained to work with adolescents experiencing behavioral and emotional difficulty. This program also allows the child to be active with children and activities in the community. The service provides individual, group and family therapy, as well as medication monitoring. The consumer attends school within the community of the group home.

Residential Treatment Facility (RTF)

Residential Treatment refers to the extended stay facilities with intensive services, often focused at a specific population. These are less intensive than inpatient facilities such as hospitals as the treatment is longer term. A high level of structure, rules and regulations facilitate the safety of patients and promote their movement towards independence. Residential treatment stays are typically 4-12 months long, but can be longer if there is a continued need.

Specialty Programs:

- 1. Dual Diagnosis: MH/Intellectual Developmental Disabilities**
- 2. Sexual Maladaptive Unit**

Crisis Intervention Services

- 1. Crisis Telephone Service**
- 2. Crisis Walk-In Services**
- 3. Mobile Crisis Outreach**

Diversion & Acute Stabilization Program (DAS)

This is acute treatment facility that provides an alternative to inpatient hospitalization for adolescents. The program features basic psychiatric assessment and medication monitoring, intensive individual and group therapy, education and organized activities that will prepare residents for integration back into the community or into a more restrictive setting such as CRR or RTF.

Respite Services for Adolescents

Respite is short term care that helps a family take a break from the daily routine and stress associated with caring for a child with a serious emotional or behavioral disorder.

- 1. In home**
- 2. Out of Home**
- 3. Group Respite**

Family Group Decision Making

Available through Children & Youth Services. Family members are brought together to make decisions about how to care for their children and develop a plan for services

Sexual Trauma Treatment And Recovery Services (S.T.T.A.R.S)

Provides counseling, advocacy and education for sexual assault victims, their families and the community.

Autistic Support Group:

1. Kaleidoscope Therapy Center

CODIT (Co-Occurring Disorders in Teens)

Evolving from ICSP (Integrated Children’s Service Planning) CODIT is a Multidisciplinary team of representatives from organizations providing services to youth with co-occurring disorders to discuss health and welfare issues and remove barriers to service. Targets youth ages 14+ involved in the MH, D&A, and/or JPO systems.

Multi-Systemic Therapy (MST)

Available through a Juvenile Probation, Children & Youth Services, or children’s mental health referral, and/or a psychological evaluation recommendation. MST is an intensive, family and community-based program for youth displaying incorrigibility, youth at-risk of out-of-home placement, or youth with identified substance abuse issues, and their families.

Student Assistance Program Liaison (SAP)

SAP is designed to assist school personnel in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student’s success. The primary goal of the Student Assistance Program is to help students overcome these barriers in order that they may achieve, remain in school, and advance. The county SAP liaison administers a screening tool to those referred in order to make appropriate referrals.

OTHER SERVICES

VBH-PA/Greene County Children’s Services Provider Quarterly Meetings

**Monthly Community Support Program (CSP)
Children’s Sub-Committee**